

RELIEVE HEAD AND NECK TENSION



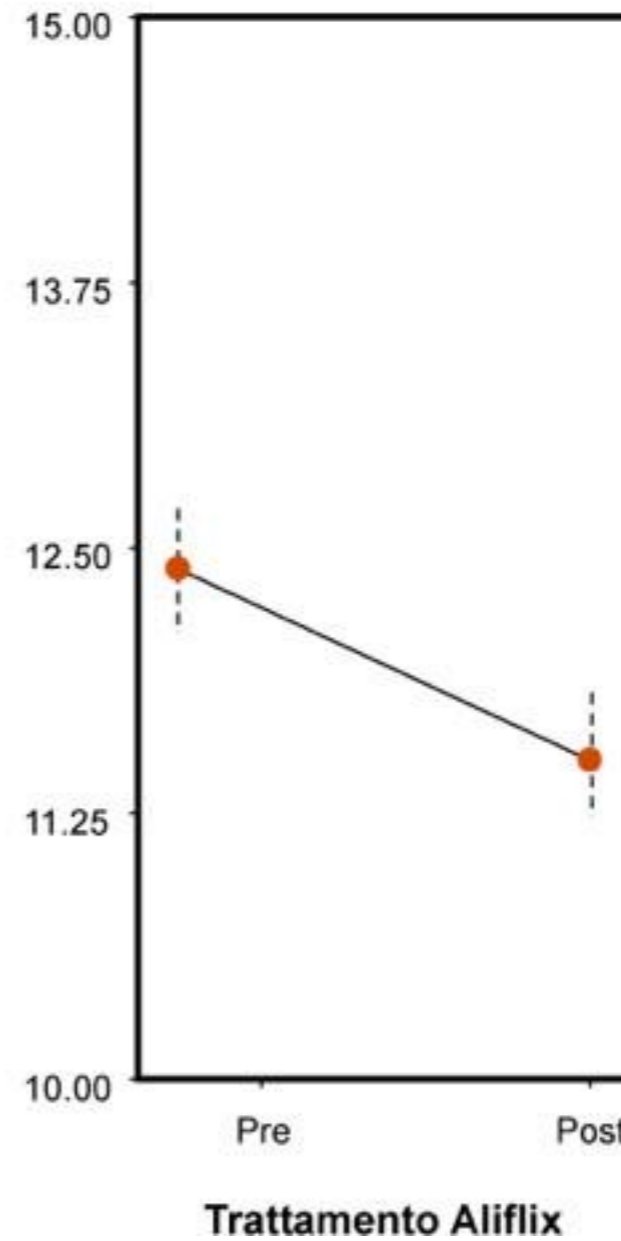
WITH BALANCED CHEWING TRAINING

scientific evidence

...reduction of clinical dysfunction symptoms on both neck ($p < .05$) and masticatory muscles ($p < .05$).



Attività Complessiva dei Muscoli Testa- Collo Valutata tramite EMG



Curriculum of Sport Science and Physical Exercise
University of Parma School of Medicine - 2010

moderate soft training

selected material



2 independent silicon tabs

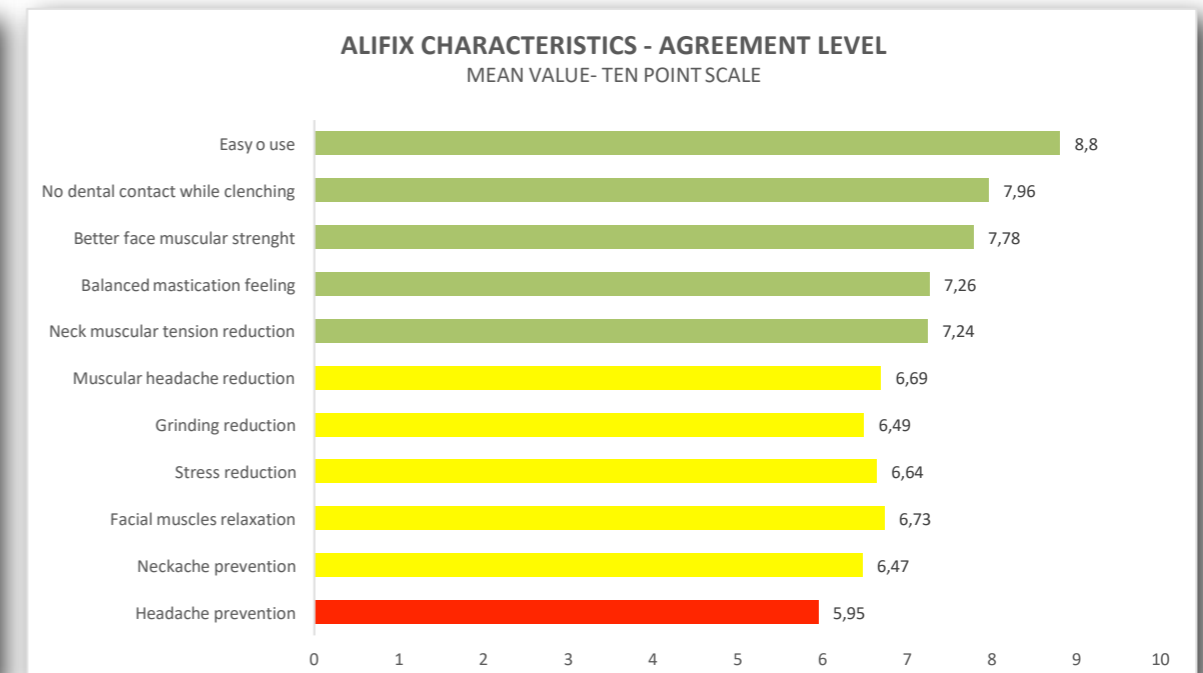
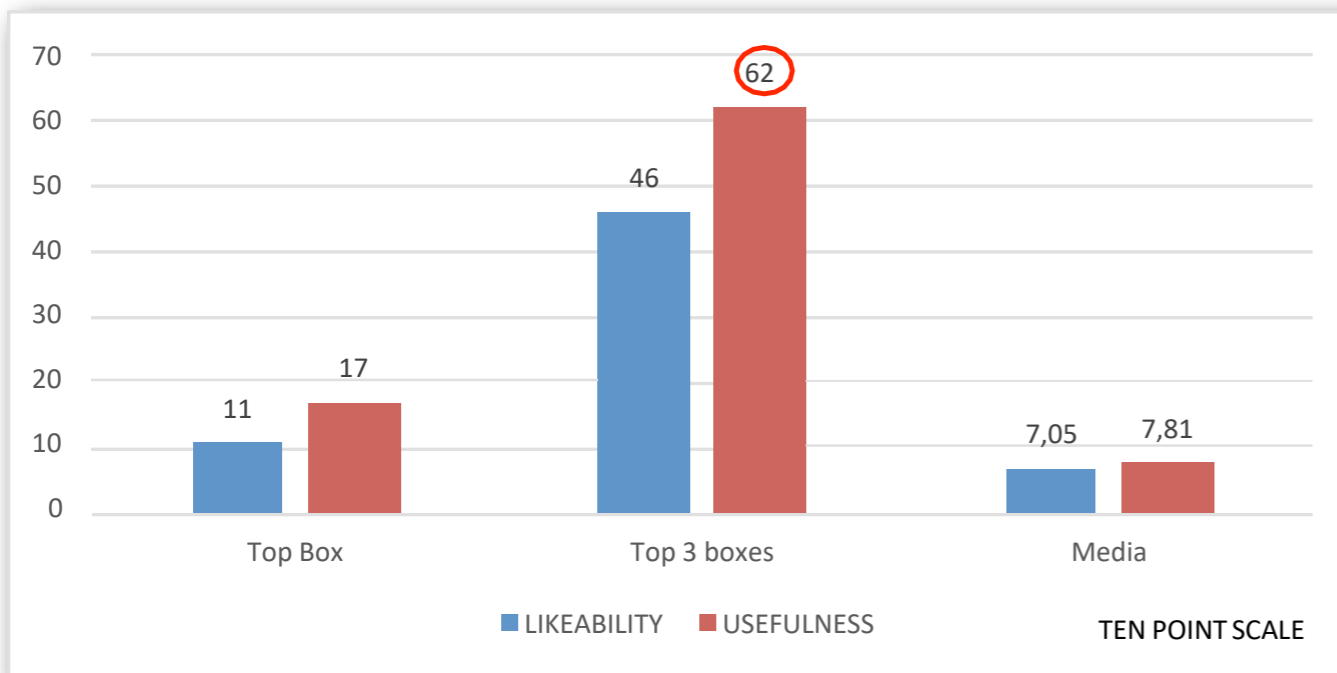
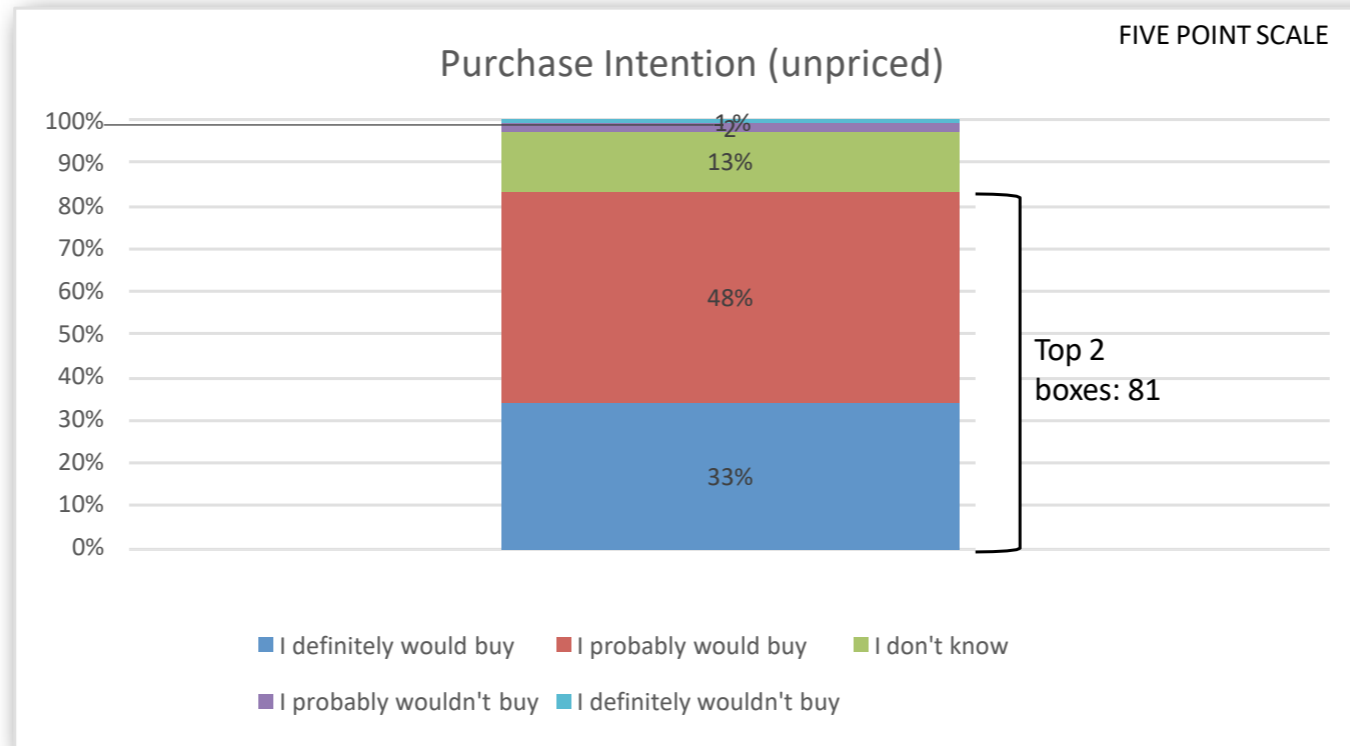
original design

C.Sforza, S.Montagna, R.Rosati, M.De Menezes

Immediate effect of an elastomeric oral appliance on the neuromuscular coordination of masticatory muscles: a pilot study in healthy subjects

Journal of Oral Rehabilitation 2010 37; 840-847

Test in home on 100 patients (2016)



ALIFIX TRAINING SYSTEM

THE FUTURE IN ORAL MOVEMENT



When head & neck stress tension is present